

Convert from Metric to Imperial Units of Mass

Convert the mass of each food item to the units shown

Answer sheet

Metric to Imperial
10g $\approx$ 0.35 ounces (oz)
1kg $\approx$ 2.2 pounds (lb)

	Metric mass	Imperial mass
pasta	500g	$0.5 \times 2.2 \approx 1.1$ lb
tin of soup	250g	$25 \times 0.35 \approx 8.75$ oz
frozen peas	0.1kg	$0.1 \times 2.2 \approx 0.22$ lb
butter	150g	$15 \times 0.35 \approx 5.25$ oz
rice	5kg	$5 \times 2.2 \approx 11$ lb
cornflakes	700g	$0.7 \times 2.2 \approx 1.54$ lb
potatoes	2 000g	$2 \times 2.2 \approx 4.4$ lb